

LEGACY TRADITIONAL SCHOOLS
JUNIOR HIGH ATHLETIC HANDBOOK
2016-2017

(REVISED 9/27/2016)

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Legacy Traditional Schools

Athletic Handbook

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I. Philosophy/Objectives

Legacy Traditional School's belief is that junior high sports should emphasize participation in developmentally appropriate physical activity to provide opportunities for the development of sportsmanship, character, and athletic skills. We also believe that the highest potential of sports is achieved when coaches, parents and students actively demonstrate sportsmanship and character. These values and beliefs will promote the best possible athletic experience. Our goal as parents, coaches and students is to strive for "Victory with Honor".

Legacy's goals for these programs are as follows:

1. To demonstrate "Victory with Honor" to opponents, referees, fans, teammates, and self.
2. For each team/group to perform to the best of its ability. The goal is to win every competition while demonstrating good sportsmanship.
3. To learn what it means to be part of a team, to be committed to the team, and to support the team in every way. Every LTS junior high student will be invited and encouraged to take part.
4. To teach skills (physical and mental) which cannot be taught in the classroom. Participants will learn to play or perform properly, with emphasis on fundamentals.
5. To give the students a taste of the history of the activity in which they are taking part, and for each coach to pass on his/her love of each activity.

If there is enough junior high student interest, LTS will have two teams for each sport. Students will try out for the CAA (Canyon Athletic Association) Team, and there will be a certain number of students that make the team. This team's focus will be on competition within the CAA, and they will play to win. *Not all CAA team players will play in every game.* Those students who do not wish to try out, and those who do not make the CAA Team, will have the opportunity to play on the Intramural Team. The Intramural Team will focus primarily on the development of players' skills. The Intramural Team players will participate in games versus other Legacy Traditional School Intramural Teams, as long as they are academically eligible and regularly practicing with the team. If there are not enough students or coaches to field two teams, the school will have one CAA Team.¹

II. Duties/Authority

- A. The Athletic Director will oversee all athletic activities. The activities that will be offered at LTS for 2016-2017 are:

Fall:
Flag Football
Girls Volleyball
Boys Cross Country
Girls Cross Country

Winter:
Boys Basketball
Softball

Spring:
Co-ed Soccer
Baseball
Girls Basketball

- B. The Athletic Director will be responsible for all scheduling, paying referees, and distributing and collecting uniforms.

¹ This a change from previous sports seasons. Changes will be in effect for Winter sports, 2016-2017.

- C. Coaches will be responsible for the day-to-day activities of their teams, practice schedules, and maintaining equipment. They will be supervised by the Athletic Director, who will be supervised by the Principal. Questions, concerns or complaints about a sport should first be addressed to the Head Coach.

III. Eligibility

- A. All participants must be currently enrolled with Legacy Traditional Schools.
- B. All participants must have a parent or guardian attend a **mandatory** LTS Sports meeting at the start of each season. If a parent is unable to attend, a meeting must be made with the Athletic Director before the student is allowed to participate.
- C. Eligibility is subject to a grade check to enroll and remain eligible for participation in the sports program.
 - i. Grades will be formally checked every two weeks starting the first week of games each season.
 - ii. Any student with a D or F in any class(es) will be given a warning for two weeks. During this period, the student may continue to practice with the team and participate in games and events.
 - iii. After the warning period, students who have raised all their grades to a C or higher may continue to participate. Students who have a D or F after the warning period will be ineligible until all grades are C or higher. The ineligibility period is two weeks OR when all grades are C or higher (whichever comes first), and students cannot practice or participate in games or events while ineligible.
 - iv. Students with a D or F during an eligibility check:
 - 1) 1st occurrence: Warning
 - 2) 2nd Occurrence: Ineligible
 - 3) 3rd Occurrence: Ineligible
 - 4) 4th Occurrence: Removal from the team
- D. All participants in athletic activities must be enrolled in grades 7 or 8. Students in Grades 5-6 will be allowed to participate only if there are not enough 7th and/or 8th graders to field a team for that specific sport (at the discretion of the School Athletic Director).
- E. All participants in athletic activities must have on file with the Athletic Director a record of a physical examination performed by a doctor, nurse practitioner, or certified physician's assistant. The physical examination is valid for one year and must not expire before the end of a season, including playoffs and championships. No student will be allowed to participate in practices or games until this form has been given to the Athletic Director.
- F. All participants must be present for a minimum of 4 ½ hours of the school day in order to take part in an extracurricular activity, and be present on Friday to participate in weekend activities. Missing a portion of the day (for a doctor's appointment, etc.) is acceptable. Any student who leaves school early due to illness will not participate in extracurricular activities that day, or that weekend if the day is a Friday.
- G. All participants must pay a fee as described in Section XI of this handbook.
- H. All participants and a parent/legal guardian of each participant must sign a consent form and a letter of understanding (enclosed in this handbook). No student will be allowed to participate until these forms have been submitted to the Athletic Director.
- I. Participation in all extracurricular activities is at the discretion of the Athletic Director.

Self-Administered Medications:

Asthma:

Students prescribed with medication for breathing disorders who have the Permit for Self-Administration of Inhaler Medication on file with the health office will be required to keep an inhaler with them at school-sponsored practices and games. Parents must complete this form before students will be allowed to carry their inhaler with them. Students who self-carry their breathing medication will not be able to participate in practices or games without their inhaler.

Legal Reference: ARS 15-341 (2005) allows the possession and self-administration of prescription medication for breathing disorders in handheld inhaler devices by students who have been prescribed the medication by a licensed health care professional. The student's name on the prescription label on the medication container or on the medication device is sufficient proof that the pupil is entitled to the possession and self-administration of the medication. The statute also provides immunity from civil liability for a school district and its employees with respect to all decisions made and actions taken that are based on good faith implementation of the requirements of this paragraph, except in cases of wanton or willful neglect.

Anaphylaxis:

Students prescribed with medication for anaphylaxis who have the Permit for Self-Administration of Anaphylaxis Medication on file with the health office will be required to keep an epi-pen with them at school-sponsored practices and games. Parents must complete this form before students will be allowed to carry their epi-pen with them. Students who self-carry their anaphylaxis medication will not be able to participate in practices or games without their epi-pen.

Legal Reference: ARS 15-341 (2005) allows students who have been diagnosed with anaphylaxis by a health care provider to carry and self-administer emergency medications including auto-injectable epinephrine while at school and at school sponsored activities. The student's name on the prescription label on the medication container or on the medication device is sufficient proof that the pupil is entitled to the possession and self-administration of the medication. The statute also provides immunity from civil liability for a school district and its employees with respect to all decisions made and actions taken that are based on good faith implementation of the requirements of this paragraph, except in cases of wanton or willful neglect.

The above policies should not be interpreted to allow a student to carry any medication a physician and parent should decide upon. This policy gives authorization for life saving/emergency medication only.

Complex Medical Conditions:

Athletes with a complex health issue are highly encouraged to have a parent/guardian present at all practices and games in order to provide necessary medical assistance. A Complex Health Issue may be diabetes, epilepsy, tube feeds, severe uncontrolled asthma or any other condition specified by the District Registered Nurse. If the school's Health Assistant is unsure as to if a student has a Complex Health Condition, please have the school's Health Assistant contact the District Registered Nurse. The coach, School Athletic Director, and District Athletic Coordinator will be notified if a student has a complex medical condition.

IV. Conduct of Participants

- A. Participants will represent Legacy Traditional Schools in all practices and games in a manner consistent with the LTS family handbook.
- B. Participants and their parents should understand that a certain level of commitment is required for participation in extracurricular activities. All participants are expected to attend all practices and games, and any other team function as designated by the Coach. Exceptions will be made for illness and significant unforeseen events. If such circumstances do occur, the participant will be expected to notify his/her Coach as soon as possible. All other absences will be unexcused. **In athletic activities, one unexcused absence will result in a half-game suspension. A second offense will result in a one-game suspension. A third offense will mean dismissal from the team.**
- C. Participants are expected to be on time for practices and games. One unexcused tardy will result in a ½ game suspension. A second offense will result in a one-game suspension. After three unexcused tardies, students may be dismissed from the team.
- D. Participants and parents should understand that absences and lateness, even if excused, may affect the participant's role in the activity (e.g., playing time in sports).
- E. Participants in athletics will dress in a solid (opaque) t-shirt and solid (opaque) gym shorts (fingertip length) or athletic pants and athletic shoes for practice.
- F. ***Once committed to a team, a student shall not quit.*** Exceptions could be made in extenuating circumstances. Sports fees will not be refunded.
- G. If a student is suspended from the school, whether in school or out of school, he/she will be removed for the season and the participation fee will not be refunded.
- H. CAA team practices will be held from **3:00 to 4:15 pm²**, Monday through Thursday each week.
- I. **Intramural Team practice and game schedule may vary each week, and will be distributed by the coach at the start of the season.**

V. Conduct of Coaches

- A. Coaches should follow the standards set by LTS. Failure to do so will be punishable by disciplinary action. They are representing LTS, and should serve as an example for others.
- B. Coaches will abide by and enforce all school and league policies and rules as outlined in this handbook, the Canyon Athletic Association rules, and the rules for each sport or activity.
- C. Coaches will attend and be on time for every practice and game and all other team functions, unless unforeseen circumstances occur. If such circumstances do prevent attendance or cause tardiness, the coach shall notify the Athletic Director as soon as possible.
- D. Coaches will dress appropriately for practices and professionally for games.
- E. Coaches will take attendance at every practice and game.
- F. CAA Coaches will attend the Canyon Athletic Association meeting for coaches prior to each athletic season.

VI. Conduct of Fans

- A. Parents and all other spectators should remember that the focus at games should be on the participants.

² This a change from previous sports seasons. Changes will be in effect for Winter sports, 2016-2017.

- B. Fans are there to encourage and support. LTS parents should be good representatives of LTS.
- C. Parents and other spectators will not use profanity, threaten violence, or in any way disrupt a game or practice. Those who do will be asked to leave the premises, and may be banned from future school events.
- D. Parents and other spectators will not enter the playing area, nor shall they enter the team's "bench" area. Parents should obtain a coach's permission if they wish to attend a team practice. Siblings or other children may not attend practice.
- E. If a parent wishes to discuss a matter with a coach, he or she should schedule a meeting with the coach. Practices, games, and events are not appropriate times to discuss matters regarding the team or participants. Parents who do not respect the practice or game time will be asked to leave and may be banned from attending future practices or events.
- F. Alcohol or tobacco products are not permitted at any LTS event.
- G. Legacy Traditional Schools does not charge admission for home games. However, some teams may charge admission for their home games, and all CAA playoff tournament games require entrance fees for spectators. Please plan accordingly.
- H. LTS students who are spectators at a game must be accompanied by a parent or guardian.

VII. Travel

- A. Participants will sometimes be required to travel for games. Parent volunteers will be necessary to transport students to and from LTS for all away games.
- B. Parents are expected to arrange rides home for students. LTS faculty and staff will not transport students. If a student is picked up late (more than 10 minutes after practice or game ends), they will first receive a ½ game suspension. The second offense will result in a one-game suspension, and the third violation will result in removal from the team.

VIII. Scheduling

- A. All games will be scheduled by the Athletic Director. Practices will be scheduled by the coach for each activity, under the supervision of the Athletic Director.
- B. Schedules will be distributed to participants before the season begins. Changes to these schedules will be communicated when they occur. The responsibility for notifying parents lies with the participants.
- C. While the coaches will do their best to follow the team schedule, times and dates for practices and games are subject to change. It is the responsibility of the student to notify his or her parent when any changes occur.
- D. Times and places for CAA postseason tournament games cannot be set until the end of the regular season. Participants and parents should be prepared to have a flexible schedule for tournaments.
- E. CAA Game schedules and maps will be available on the Canyon Athletic Association website (www.azcaa.com). **Intramural game schedules and maps will be available through the Intramural Team coach.**³

³ This a change from previous sports seasons. Changes will be in effect for Winter sports, 2016-2017.

IX. Fees

- A. Every participant must provide the program with a fee for each activity in which he/she participates.
 - i. CAA Team: The fee is **\$50** per athlete, per sport, with a maximum of \$150 per family.
 - ii. Intramural Team: The fee is **\$30** per athlete, per sport, with a maximum of \$150 per family.⁴
- B. Fees for all extracurricular activities will be incurred prior to the first day of practice of each activity and will not be refunded.
- C. The Arizona Tax Credit, currently \$200 for singles or \$400 for married couples (2016), can be applied to participation fees as long as it is designated as a tax credit donation at the time the fee is paid.

X. Equipment

- A. All uniforms will be issued at the beginning of the season by the Athletic Director for CAA Teams. Students will be responsible for the return of uniforms at the end of the season on the dates stated by the Athletic Director.
- B. Intramural Teams may opt to purchase team t-shirts. This will be at the discretion of the Coach and Athletic Director.⁴**
- C. Any uniforms that are lost or damaged beyond reasonable wear and tear need to be paid for before any further participation in extracurricular activities.
- D. All equipment and uniforms shall be issued and collected by the coach.

This handbook will stand as policy at Legacy Traditional Schools until such time as the administration may choose to alter it. Parents and students will be notified of any such change. Thank you for your participation in and support of Legacy Traditional School Athletics. These programs are offered for the sake of the students. The students' best interest will always be Legacy Traditional School's motivation.

⁴ This a change from previous sports seasons. Changes will be in effect for Winter sports, 2016-2017.

**Legacy Traditional School
Athletic Handbook
Letter of Understanding and Consent
2016-2017**

We have read and understand the Legacy Traditional School Athletic Handbook. We agree to abide by the rules as therein explained.

Section	Parent Initials	Student Initials
I		
II		
III		
IV		
V		
VI		
VII		
VIII		
IX		
X		

Travel Permission – Legacy Traditional School

Please initial as many as apply.

_____ I give permission for my child(ren) to ride with the parent of another student to and from activities. I will not hold Legacy Traditional School responsible for any accidents that may occur.

_____ I do not give permission for my child(ren) to ride with other parents to and from activities. I will arrange all transportation for my child(ren). I understand that tardiness and/or absences may result in dismissal from the team.

_____ I am available and willing to drive students to games and other activities. Please contact me.

Insurance Information	
Auto Insurance Company Name	
Policy Name	
Driver's License Number	
State Issued	

Parent/Legal Guardian's Signature: _____

Student Name (Please Print): _____

Student Signature: _____

Parental Consent Form 2016-2017

Name _____ Age _____ Birth Date _____

Address _____

City _____ State _____ Zip _____ Phone _____

Parent(s) Daytime Phone _____ E-mail _____

School _____ Grade _____ Sport _____

To Whom It May Concern:

The undersigned does hereby give permission for our (my) child, _____, to attend and participate in Legacy Traditional School athletic activities for the 2016-2017 school year. I/We will notify the Athletic Director if there are any extracurricular activities in which we do not want our child to participate.

I/We authorize an adult in whose care the minor has been entrusted to consent to any X-ray examination, anesthetic, medical, surgical or dental diagnosis or medical treatment, and hospital care to be rendered to the minor under the general or special supervision and on the advice of any licensed physician or dentist, whether such diagnosis or treatment is rendered at the office of said physician or at said hospital.

The undersigned shall be liable and agree(s) to pay all costs and expenses incurred in connection with such medical and dental services rendered to the aforementioned child pursuant to this authorization.

The undersigned does also hereby give permission for our (my) child to ride in any vehicle designated by the adult in whose care the minor has been entrusted while attending and participating in this activity sponsored by Legacy Traditional School.

This parental consent form is good for the time period indicated above only.

Hospital Insurance Yes _____ No _____

Parent/Legal Guardian Signature

Insurance Company _____

Parent/Legal Guardian Signature

Policy Number _____

Participant Signature

Emergency Contact Name _____ Relationship to Participant _____

Emergency Contact Phone _____

Please list any allergies or medical problems your child may have _____

Legacy Traditional School Waiver

By indicating your acceptance, you understand, agree, warrant and covenant as follows: I understand that my minor child's participation in the Legacy Traditional Athletic Program is potentially hazardous, and that they should not enter and participate unless the child is medically able. In consideration of the acceptance of the duration my child participates in the Legacy Traditional Athletics Program, I assume full and complete responsibility for any injury or accident which may occur while my child is traveling to or from any/all of the athletic events/practices, during the events/ practices, or while the child is on the premises of the events/practices. I am aware of and assume all risks associated with my child participating in the Legacy Traditional Athletic Program, including but not limited to falls, contact with other participants, and effect of weather, traffic and conditions of the road. I, for myself and my heirs and executors, hereby waive, release and forever discharge the Legacy Traditional Athletic Programs organizers, sponsors, promoters, Legacy Traditional School, representatives, successors and assigns, and all other persons associated with the event, for all of my liabilities, claims, actions, or damages that I may have against them arising out of or in any way connected with my child's participation. I understand that this waiver includes any claims, whether caused by negligence, the action or inaction of any of the above parties, or otherwise. I understand that the athletic participation fee is non-refundable and non-transferable. I hereby grant full permission to any and all of the above parties to use any photographs, videotapes, motion pictures, website images, recordings or any other record of my minor child's participation in the Legacy Traditional Athletic Program.

LEGACY TRADITIONAL ATHLETIC PROGRAM REGISTRATION AGREEMENT AND LIABILITY WAIVER

1. Authority to Register and/or to Act as Agent

You represent and warrant to LEGACY TRADITIONAL SCHOOL that you have full legal authority to complete this liability waiver on behalf of any minor child that you are registering for Legacy Athletics. If you are registering a child under the age of 18 and warrant that you are the parent or legal guardian of that party and have the legal authority to enter into this agreement on their behalf and by proceeding with athletic season registration, you agree that the terms of this Agreement and Waiver shall apply equally to all Registered Parties. By registering a child under 18, you agree and consent to the collection of that child's information which you provide for the purposes of registration.

2. Waiver

YOU UNDERSTAND THAT PARTICIPATION IN THE LEGACY TRADITIONAL ATHLETIC PROGRAM IS POTENTIALLY HAZARDOUS, AND THAT YOUR MINOR CHILD SHOULD NOT PARTICIPATE UNLESS THEY ARE MEDICALLY ABLE. YOU UNDERSTAND THAT PROGRAM EVENTS/PRACTICES MAY BE HELD OVER PUBLIC ROADS AND FACILITIES MAY BE OPEN TO THE PUBLIC UPON WHICH HAZARDS ARE TO BE EXPECTED. PARTICIPATION CARRIES WITH IT CERTAIN INHERENT RISKS THAT CANNOT BE ELIMINATED COMPLETELY RANGING FROM MINOR INJURIES TO CATASTROPHIC INJURIES INCLUDING DEATH. YOU UNDERSTAND AND AGREE THAT IN CONSIDERATION OF YOUR MINOR CHILD PARTICIPATING IN THE LEGACY ATHLETIC PROGRAM, YOU AND ANY REGISTERED PARTY, THE HEIRS, PERSONAL REPRESENTATIVES OR ASSIGNS OF YOU OR THE REGISTERED PARTY DO HEREBY RELEASE, WAIVE, DISCHARGE AND CONVEY NOT TO SUE LEGACY TRADITIONAL SCHOOL FOR ANY AND ALL LIABILITY FROM ANY AND ALL CLAIMS ARISING FROM PARTICIPATION IN THE EVENT BY YOU AND/OR YOUR MINOR CHILD.

3. Limitation of Liability; Disclaimer of Warranties.

LEGACY TRADITIONAL SCHOOL SHALL NOT BE LIABLE FOR ANY DIRECT, INDIRECT, INCIDENTAL, SPECIAL OR CONSEQUENTIAL DAMAGES, RESULTING FROM (A) THE USE OR THE INABILITY TO USE LEGACY TRADITIONAL SCHOOL OR (B) FOR THE COST OF PROCUREMENT OF SUBSTITUTE GOODS AND SERVICES OR (C) RESULTING FROM ANY GOODS OR SERVICES PURCHASED OR OBTAINED OR TRANSACTIONS ENTERED INTO THROUGH LEGACY TRADITIONAL SCHOOL OR (D) RESULTING FROM UNAUTHORIZED ACCESS TO OR ALTERATION OF YOUR TRANSMISSIONS OR DATA, INCLUDING BUT NOT LIMITED TO, DAMAGES FOR LOSS OF PROFITS, USE, DATA OR OTHER INTANGIBLE, EVEN IF LEGACY TRADITIONAL SCHOOL HAS BEEN ADVISED OF THE POSSIBILITY OF SUCH DAMAGES. YOU EXPRESSLY AGREE THAT YOUR MINOR CHILD'S PARTICIPATION IN THE ATHLETIC PROGRAM AT LEGACY TRADITIONAL SCHOOL IS AT YOUR SOLE RISK. LEGACY TRADITIONAL SCHOOL EXPRESSLY DISCLAIMS ALL WARRANTIES OF ANY KIND, EXPRESS OR IMPLIED, INCLUDING WITHOUT LIMITATION ANY WARRANTY OF MERCHANTABILITY, FITNESS FOR A PARTICULAR PURPOSE OR NON-INFRINGEMENT.

4. Indemnification

You agree to indemnify and hold LEGACY TRADITIONAL SCHOOL harmless from and against any and all damages, costs, claims or demands, including reasonable attorneys' fees, made by any third party due to or arising from or relating to your child's participation in the Legacy Traditional Athletic Program or the violation of any term of this Agreement and Waiver as well as the Terms of Service.

5. Applicable Law; Consent to Jurisdiction

By completing this registration, both you and LEGACY TRADITIONAL SCHOOL agree that the statutes and laws of the State of Arizona, without regard to the conflict of laws principles thereof, will apply to all matters relating to this registration, this Agreement and Waiver, the Terms of Use or other use of the LEGACY TRADITIONAL SCHOOL sites. You agree that exclusive jurisdiction for any dispute with LEGACY TRADITIONAL SCHOOL resides in the courts of the State of Arizona and you further agree and expressly consent to the exercise of personal jurisdiction in the courts of the State of Arizona in connection with any dispute including any claim involving LEGACY TRADITIONAL SCHOOL or its affiliates, subsidiaries, employees, contractors, officers, directors, telecommunication providers and content providers.

6. Severability

You further expressly agree that this Agreement and Waiver is intended to be as broad and inclusive as is permitted by the law of the State of Arizona and that if any provision of this Agreement and Waiver shall be found to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and Waiver and shall not affect the validity and enforceability of any remaining provisions.

BY INDICATING YOUR ACCEPTANCE OF THIS AGREEMENT AND WAIVER, YOU ARE AFFIRMING THAT YOU HAVE READ AND UNDERSTAND THIS AGREEMENT AND WAIVER AND FULLY UNDERSTAND ITS TERMS. YOU UNDERSTAND THAT YOU ARE GIVING UP SUBSTANTIAL RIGHTS, INCLUDING THE RIGHT TO SUE. YOU ACKNOWLEDGE THAT YOU ARE SIGNING THE AGREEMENT AND WAIVER FREELY AND VOLUNTARILY, AND INTEND BY YOUR ACCEPTANCE TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW.

Parent/Legal Guardian Signature _____

Date _____

Student Name _____

Student Birth Date _____

Grade Level _____

THIS LEGACY TRADITIONAL ATHLETIC PROGRAM REGISTRATION AGREEMENT AND LIABILITY WAIVER IS VALID FOR ONE CALENDAR YEAR FROM SIGNATURE DATE.