



LEGACY

TRADITIONAL SCHOOLS

ATHLETIC PARTICIPANT HANDBOOK

2017-2018

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Legacy Traditional Schools

Athletic Handbook

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I. Philosophy/Objectives

Legacy Traditional School's junior high sports emphasize participation in developmentally appropriate physical activity to provide opportunities for the development of sportsmanship, character, and athletic skills. We also believe that the highest potential of sports is achieved when coaches, parents and students actively demonstrate sportsmanship and character. These values and beliefs will promote the best possible athletic experience. Our goal as parents, coaches and students is to strive for "Victory with Honor".

Legacy's goals for these programs are as follows:

1. To demonstrate "Victory with Honor" to opponents, referees, fans, teammates, and self.
2. For each team/group to perform to the best of its ability. The goal is to win every competition while demonstrating good sportsmanship.
3. To learn what it means to be part of a team, to be committed to the team, and to support the team in every way. Every LTS junior high student will be invited and encouraged to take part.
4. To teach skills (physical and mental) which cannot be taught in the classroom. Participants will learn to play or perform properly, with emphasis on fundamentals.
5. To give the students a taste of the history of the activity in which they are taking part, and for each coach to pass on his/her love of each activity.

Each LTS campus will have two teams for each sport. Students will try out for the CAA (Canyon Athletic Association) Team, and there will be a certain number of students that make that team. This team's focus will be on competition within the CAA, and they will play to win. *Not all CAA team players will play in every game.* Those students who do not wish to try out, and those who do not make the CAA Team will have the opportunity to play on the Intramural Team. The Intramural Team will focus primarily on the development of players' skills. The Intramural Team players will participate in games versus other Legacy Traditional School Intramural Teams, as long as they are academically eligible and regularly practicing with the team.

II. Duties/Authority

- A. The Athletic Director will oversee all athletic activities. The athletic activities that may be offered at LTS for 2017-2018 are:

Fall: Flag Football, Volleyball, Cross Country (no intramurals)

Winter: Boys Basketball, Girls Softball, Cheer (no intramurals), Robotics (no intramurals)

Spring: Girls Basketball, Boys Baseball, Co-ed Soccer

- B. The Athletic Director will be responsible for all scheduling, paying referees, and distributing and collecting uniforms.
- C. Coaches will be responsible for the day-to-day activities of their teams, practice schedules, and maintaining equipment. They will be supervised by the Athletic Director, who will be supervised by the Principal. Questions, concerns or complaints about a sport should first be addressed to the Head Coach.

III. Eligibility

- A. All participants must be currently enrolled with Legacy Traditional Schools.
- B. All participants must have a parent or guardian attend a **mandatory** LTS Sports meeting at the start of each season. If a parent is unable to attend, a meeting must be made with the Athletic Director before the student is allowed to participate.
- C. Eligibility is subject to a grade check to enroll and remain eligible for participation in the sports program.
 - i. Grades will be formally checked every two weeks starting the first week of games each season.
 - ii. Any student with a D or F in any class(es) will be given a warning for two weeks. During this period, the student may continue to practice with the team and participate in games and events.
 - iii. After the warning period, students who have raised all their grades to a C or higher may continue to participate. Students who have a D or F after the warning period will be ineligible until all grades are C or higher. The ineligibility period is two weeks OR when all grades are C or higher (whichever comes first), and students cannot practice or participate in games or events while ineligible.
 - iv. Students with a D or F during an eligibility check:
 - 1) 1st occurrence: Warning
 - 2) 2nd Occurrence: Ineligible
 - 3) 3rd Occurrence: Ineligible
 - 4) 4th Occurrence: Removal from the team
- D. All participants in athletic activities must be enrolled in grades 5- 8.
- E. All participants in athletic activities must have on file with the Athletic Director a record of a physical examination performed by a doctor, nurse practitioner, or certified physician's assistant. The physical examination is valid for one year and must not expire before the end of a season, including playoffs and championships. No student will be allowed to participate in practices or games until this form has been given to the Athletic Director.
- F. All participants must complete the NFHS "Concussion in Sports" course. This may be completed by all participants as a team at the beginning of each season.
- G. All participants must be present for a minimum of 4 ½ hours of the school day in order to take part in an extracurricular activity, and be present on Friday to participate in weekend activities. Missing a portion of the day (for a doctor's appointment, etc.) is acceptable. Any student who leaves school early due to illness will not participate in extracurricular activities that day, or that weekend if the day is a Friday.
- H. All participants must pay a fee as described in Section XI of this handbook.
- I. All participants and a parent/legal guardian of each participant must sign a consent form and a letter of understanding (enclosed in this handbook). No student will be allowed to participate until these forms have been submitted to the Athletic Director.
- J. Participation in all extracurricular activities is at the discretion of the Athletic Director.

IV. Self-Administered Medications

Asthma:

Students prescribed with medication for breathing disorders who have the Permit for Self-Administration of Inhaler Medication on file with the health office will be required to keep an inhaler with them at school-sponsored practices and games. Parents must complete this form before students will be allowed to carry their inhaler with them. Students who self-carry their breathing medication will not be able to participate in practices or games without their inhaler.

Legal Reference: ARS 15-341 (2005) allows the possession and self-administration of prescription medication for breathing disorders in handheld inhaler devices by students who have been prescribed the medication by a licensed health care professional. The student's name on the prescription label on the medication container or on the medication device is sufficient proof that the pupil is entitled to the possession and self-administration of the medication. The statute also provides immunity from civil liability for a school district and its employees with respect to all decisions made and actions taken that are based on good faith implementation of the requirements of this paragraph, except in cases of wanton or willful neglect.

Anaphylaxis:

Students prescribed with medication for anaphylaxis who have the Permit for Self-Administration of Anaphylaxis Medication on file with the health office will be required to keep an epi-pen with them at school-sponsored practices and games. Parents must complete this form before students will be allowed to carry their epi-pen with them. Students who self-carry their anaphylaxis medication will not be able to participate in practices or games without their epi-pen.

Legal Reference: ARS 15-341 (2005) allows students who have been diagnosed with anaphylaxis by a health care provider to carry and self-administer emergency medications including auto-injectable epinephrine while at school and at school sponsored activities. The student's name on the prescription label on the medication container or on the medication device is sufficient proof that the pupil is entitled to the possession and self-administration of the medication. The statute also provides immunity from civil liability for a school district and its employees with respect to all decisions made and actions taken that are based on good faith implementation of the requirements of this paragraph, except in cases of wanton or willful neglect.

The above policies should not be interpreted to allow a student to carry any medication a physician and parent should decide upon. This policy gives authorization for life saving/emergency medication only.

V. Conduct of Coaches

- A. To organize, coordinate, and promote a comprehensive Legacy Traditional School (LTS) athletic program in the assigned sport that is designed to meet the needs and interests of the school community.
- B. To provide effective leadership that will ensure a positive learning environment, and stress the importance of academic achievement and victory with honor.
- C. To demonstrate a high degree of ethics, professionalism and human relations.
- D. To be a positive role model for all students.

VI. Conduct of Participants

- A. Participants will represent Legacy Traditional Schools in all practices and games in a manner consistent with the LTS family handbook.
- B. Participants and their parents should understand that a certain level of commitment is required for participation in extracurricular activities. All participants are expected to attend all practices and games, and any other team function as designated by the Coach. Exceptions will be made for illness and significant unforeseen events. If such circumstances do occur, the participant will be expected to notify his/her Coach as soon as possible. All other absences will be unexcused. *In athletic activities, one unexcused absence will result in a half-game suspension. A second offense will result in a one-game suspension. A third offense will mean dismissal from the team.*
- C. Participants are expected to be on time for practices and games. One unexcused tardy will result in a ½ game suspension. A second offense will result in a one-game suspension. After three unexcused tardies, students may be dismissed from the team.
- D. Participants and parents should understand that absences and lateness, even if excused, may affect the participant's role in the activity (e.g., playing time in sports).
- E. Participants in athletics will dress in consist of the official Legacy PE Dress-out Attire, OR a pattern-free T-shirt and pattern-free fingertip length gym shorts or athletic pants. Skin tight pants or shorts are not permitted. Athletic shoes are required to participate in practice.
- F. ***Once committed to a team, a student shall not quit.*** Exceptions could be made in extenuating circumstances. Sports fees will not be refunded.
- G. If a student is suspended from the school, whether in school or out of school, he/she will be removed for the season and the participation fee will not be refunded.
- H. CAA team practices will be held for one hour directly after school Monday through Thursday each week.
- I. **Intramural Team practice and game schedule may vary each week, and will be distributed by the coach at the start of the season.**

VII. Conduct of Fans

- A. Parents and all other spectators should remember that the focus at games should be on the participants.
- B. Fans are there to encourage and support. LTS parents should be good representatives of LTS.
- C. Parents and other spectators will not use profanity, threaten violence, or in any way disrupt a game or practice. Those who do will be asked to leave the premises, and may be banned from future school events.
- D. Parents and other spectators will not enter the playing area, nor shall they enter the team's "bench" area. Parents should obtain a coach's permission if they wish to attend a team practice. Siblings or other children may not attend practice.
- E. If a parent wishes to discuss a matter with a coach, he or she should schedule a meeting with the coach. Practices, games, and events are not appropriate times to discuss matters regarding the team or participants. Parents who do not respect the practice or game time will be asked to leave and may be banned from attending future practices or events.
- F. Alcohol or tobacco products are not permitted at any LTS event.

- G. Legacy Traditional Schools does not charge admission for home games. However, some teams may charge admission for their home games, and all CAA playoff tournament games require entrance fees for spectators. Please plan accordingly.
- H. LTS students who are spectators at a game must be accompanied by a parent or guardian.

VIII. Travel

- A. Participants will sometimes be required to travel for games. Parents will be expected to transport students to and from all games and practices.
- B. If a student is picked up late (more than 10 minutes after practice or game ends), they will first receive a ½ game suspension. The second offense will result in a one-game suspension, and the third violation will result in removal from the team.

IX. Scheduling

- A. All games will be scheduled by the Athletic Director. Practices will be scheduled by the coach for each activity, under the supervision of the Athletic Director.
- B. Schedules will be distributed to participants before the season begins. Changes to these schedules will be communicated when they occur. The responsibility for notifying parents lies with the participants.
- C. While the coaches will do their best to follow the team schedule, times and dates for practices and games are subject to change. It is the responsibility of the student to notify his or her parent when any changes occur.
- D. Times and places for CAA postseason tournament games cannot be set until the end of the regular season. Participants and parents should be prepared to have a flexible schedule for tournaments.
- E. CAA Game schedules and maps will be available on the Canyon Athletic Association website (www.azcaa.com). Intramural game schedules and maps will be available through the Intramural Team coach.

X. Fees

- A. Every participant must provide the program with a fee for each activity in which he/she participates.
 - i. CAA Team: The fee is **\$50** per athlete, per sport, with a maximum of \$150 per family.
 - ii. Intramural Team: The fee is **\$30** per athlete, per sport, with a maximum of \$150 per family.
- B. Fees for all extracurricular activities will be incurred prior to the first day of practice of each activity and will not be refunded.
- C. The Arizona Tax Credit, currently \$200 for singles or \$400 for married couples (2016), can be applied to participation fees as long as it is designated as a tax credit donation at the time the fee is paid.

XI. Equipment

- A. All uniforms will be issued at the beginning of the season by the Athletic Director for CAA Teams. Students will be responsible for the return of uniforms at the end of the season on the dates stated by the Athletic Director.

- B. Intramural Teams may opt to purchase team t-shirts. This will be at the discretion of the Coach and Athletic Director.
- C. Any uniforms that are lost or damaged beyond reasonable wear and tear need to be paid for before any further participation in extracurricular activities.
- D. All equipment and uniforms shall be issued and collected by the coach.

This handbook will stand as policy at Legacy Traditional Schools until such time as the administration may choose to alter it. Parents and students will be notified of any such change. Thank you for your participation in and support of Legacy Traditional School Athletics. These programs are offered for the sake of the students. The students' best interest will always be Legacy Traditional School's motivation.